

MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least **5 full days prior** to your visit so that tests can be performed.

*If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), **DO NOT STOP** your antihistamines without contacting our office at (518) 886-5814. We will NOT perform testing on a patient with active hives.

H1 Antihistamines (Oral,Drops,Sprays) – Hold for 5 full days before visit.

Actifed	Allegra (Fexofenadine)	Astelin/ Astepro Nasal Spray (Azelastine)	Atarax (Hydroxyzine)
Benadryl (Diphenhydramine)	Carbinoxamine	Chlor-Trimeton (Chlorpheniramine)	Clarinet (Desloratadine)
Claritin (Loratadine)	Dimetapp	Dramamine (Dymenhydrinate)	Dymista Nasal Spray
Elestat Eye Drops	Meclizine	Optivar Eye Drops (Azelastine Hydrochloride)	Patanase Nasal Spray (Olopatadine)
Patanol/Pataday/Pazeo Eye Drops (Olopatadine)	Tavist (Clemastine)	Tylenol Allergy/Cold and Flu/ Flu Nighttime	Unisom (Doxylamine)
Vistaril (Hydroxyzine)	Xyzal (Levocetirizine)	Zyrtec (Cetirizine)	

H2 Blocking Medications (for reducing stomach acid) – Hold dose 3 full days before visit.

Pepcid (Famotidine)	Tagamet (Cimetidine)	Zantac (Ranitidine)
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Oral Steroids – Call us if you are on more than 20mg Prednisone or 16mg of Medrol per day. DO NOT DISCONTINUE UNLESS DIRECTED BY A PHYSICIAN.

Other Medications – Other types of medication may interfere with skin testing. If you are taking these medications, please call us to receive special instructions prior to discontinuing. DO NOT DISCONTINUE UNLESS INSTRUCTED BY A PHYSICIAN.

Anafranil (Clomipramine)	Asendin (Amoxapine)	Compazine (Prochlorperazine)	Elavil, Endep, Triavil, Limbitrol (Amitriptyline)
Norpramin (Desipramine)	Pamelor (Nortriptyline)	Phenergan (Promethazine)	Seroquel (Quetiapine)
Sinequan, Adapin (Doxepin)	Surmontil (Trimipramine)	Tofranil (Imipramine)	Trazodone
Vivactil (Protriptyline)			

These medications DO NOT interfere with allergy testing. Continue taking as prescribed.

Asthma Inhalers / Oral

Advair, AirDuo, Albuterol (ProAir, Proventil, Ventolin), Alvesco, Arnuity, Asmanex, Atrovent, Breo, Combivent
Dulera, DuoNeb, Flovent (Fluticasone), Pulmicort, Qvar, Spiriva, Symbicort, Xopenex (Levalbuterol), Singulair (Montelukast)

Corticosteroid Nasal Sprays

Flonase (Fluticasone), Nasacort (Triamcinolone), Nasalide, Nasonex (Mometasone), Omnaris/Zetonna (Ciclesonide), QNASL, Rhinocort (Budesonide), Veramyst