



**SARATOGA HOSPITAL  
MEDICAL GROUP**  
OCCUPATIONAL MEDICINE

2388 ROUTE 9 • MECHANICVILLE • NY • 12118  
TEL: (518) 886-5412 • FAX: (518) 899-8069

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
ADM/SVC Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_  
Loc: \_\_\_\_\_

MR#: \_\_\_\_\_

### Silica Respirator Questionnaire

**To the employer:** The answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination. However, certain responses and/or patterns of response, may lead the reviewer to request further information or a medical examination. This information would enable the reviewer to reach a conclusion regarding the employee's ability to safely use a respirator.

**To the employee:** Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answer. Your employer must provide you with instructions to send or deliver this questionnaire to the healthcare professional who will review it.

\* Can you read:  Yes  No

**Part A: Section 1: (Mandatory)** Every employee who has been selected to use any type of respirator must provide the following information (please print).

1. Has your employer told you how to contact the healthcare professional who will review this questionnaire?  
 Yes  No
2. Check the type of respirator you will use (you can check more than one category)
  - N, R, or P disposable respirator (filter-mask, non-cartridge type only)
  - Other type (for example: half / full-face piece type, powered-air purifying, supplied-air, self-contained breathing apparatus)
3. Have you worn a respirator?  Yes  No  
If yes, what type(s): \_\_\_\_\_

**Part A: Sections 2: (Mandatory)** Every employee who has been selected to use any type of respirator must answer questions 1 through 9.

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month?  Yes  No
2. Have you ever had any of the following conditions?
  - a) Seizures (fits)  Yes  No
  - b) Diabetes (sugar disease)  Yes  No
  - c) Allergic reactions that interfere with your breathing  Yes  No
  - d) Claustrophobia (fear of closed-in places)  Yes  No
  - e) Trouble smelling odors  Yes  No
3. Have you ever had any of the following pulmonary or lung problems?
  - a) Asbestosis  Yes  No
  - b) Asthma  Yes  No
  - c) Chronic bronchitis  Yes  No
  - d) Emphysema  Yes  No
  - e) Pneumonia  Yes  No
  - f) Tuberculosis  Yes  No
  - g) Silicosis  Yes  No
  - h) Pneumothorax (collapse lung)  Yes  No
  - i) Lung cancer  Yes  No

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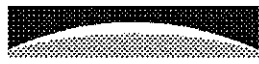
MR# : \_\_\_\_\_

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**Silica Respirator Questionnaire**

- j) Broken ribs  Yes  No
- k) Any chest injuries or surgeries  Yes  No
- l) any other lung problem that you've been informed of  Yes  No
  
- 4. Do you currently have any of the following symptoms of pulmonary or lung illness?
  - a) Shortness of breath  Yes  No
  - b) Shortness of breath when walking fast on level ground or walking up a slight hill or incline  Yes  No
  - c) Shortness of breath when walking with other people at an ordinary pace on level ground  Yes  No
  - d) Have to stop for breath when walking at your own pace on level ground  Yes  No
  - e) shortness of breath when washing or dressing yourself  Yes  No
  - f) shortness of breath that interferes with your job  Yes  No
  - g) Coughing that produces phlegm (thick sputum)  Yes  No
  - h) Coughing that wakes you early in the morning  Yes  No
  - i) Coughing that occurs mostly when you are lying down  Yes  No
  - j) Coughing up blood in the last month  Yes  No
  - k) Wheezing  Yes  No
  - l) Wheezing that interferes with your job  Yes  No
  - m) Chest pain when you breathe deeply  Yes  No
  - n) Any other symptoms that you think may be related to lung problems  Yes  No
  
- 5. Have you ever had any of the following cardiovascular or heart problems
  - a) Heart attack  Yes  No
  - b) Stoke  Yes  No
  - c) Angina  Yes  No
  - d) Heart failure  Yes  No
  - e) Swelling in your legs or feet (not caused by walking)  Yes  No
  - f) Heart arrhythmia (heart beating irregularly)  Yes  No
  - g) High blood pressure  Yes  No
  - h) Any other heart problem that you've been informed of  Yes  No
  
- 6. Have you ever had any of the following cardiovascular or heart problems?
  - a) Frequent pain or tightness in your chest  Yes  No
  - b) Pain or tightness in your chest during physical activity  Yes  No
  - c) Pain or tightness in your chest that interferes with your job  Yes  No
  - d) In the past two years, have you noticed your heart skipping or missing a beat  Yes  No
  - e) Heartburn or indigestion that is not related to eating  Yes  No
  - f) Any other symptoms that you thing may be related to heart or circulation problems  Yes  No
  
- 7. Do you currently take medication for any of the following problems?
  - a) Breathing or lung problems  Yes  No
  - b) Heart trouble  Yes  No
  - c) Blood Pressure  Yes  No
  - d) Seizures (fits)  Yes  No

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(continued)

**Silica Respirator Questionnaire**

8. If you've used a respirator, have you ever had any of the following problems?

- a) Eye irritation  Yes  No
- b) Skin allergies or rashes  Yes  No
- c) Anxiety  Yes  No
- d) General weakness or fatigue  Yes  No
- e) Any other problem that interferes with your use of a respirator  Yes  No

9. Would you like to talk to the healthcare professional who will review this questionnaire about your answers to this questionnaire?

Yes  No

Questions 10 – 15 below must be answered by every employee who has been selected to use either a full-face piece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

10. have you ever lost vision in either eye (temporarily or permanently)?

Yes  No

11. Do you currently have any of the following vision problems?

- a) Wear contact lenses  Yes  No
- b) Wear glasses  Yes  No
- c) Color blind  Yes  No
- d) Any other eye or vision problem  Yes  No

12. Have you ever had an injury to your ears, including a broken ear drum?

Yes  No

13. Do you currently have any of the following hearing problems?

- a) Difficulty hearing  Yes  No
- b) Wear a hearing aid  Yes  No
- c) Any other hearing or ear problems  Yes  No

14. Have you ever had a back injury?

Yes  No

15. Do you currently have any of the following musculoskeletal problems?

- a) Weakness in any of your arms, hands, legs, or feet  Yes  No
- b) Back pain  Yes  No
- c) Difficulty fully moving your arms and legs  Yes  No
- d) Pain or stiffness when you lean forward or backward at the waist  Yes  No
- e) Difficulty fully moving your head up and down  Yes  No
- f) Difficulty fully moving your head side to side  Yes  No
- g) Difficulty bending at your knees  Yes  No
- h) Difficulty squatting to the ground  Yes  No
- i) Difficulty climbing a flight of stairs or a ladder carrying more than 25 lbs.  Yes  No

Any other muscle or skeletal problem(s) that interferes with using a respirator (list): \_\_\_\_\_

